



LAKE  
WINNIPEG  
FOUNDATION

## Cycling for Solutions

News

LWF

August 11, 2015

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**Update:** Sadly, the foursome is now a trio, as Bruce unfortunately had to drop out of the trip. Good luck to the three remaining cyclists, Roger, Brad and Pete!.

**Update:** Thank you so much to everyone who has already pledged support to Roger, Brad, Bruce and Pete as they prepare to take on this challenge. Here's a sampling of the amazing messages of encouragement the riders have received so far:

- "Thanks for leading this inspiring initiative, Roger and team! You're reminding us all of the importance of investing in science-based solutions for lakes throughout our beautiful watershed, and you're mapping the course for healthy fresh waters for future generations."
- "I commend your efforts, young cyclists! We'll be following your progress from the West Coast as you make your journey towards ELA."
- "Good luck guys on the epic ride!! Pack some well-padded shorts."
- "Go team! Safe travels on your journey!"
- "Ride like your hair is on fire!!"
- "GO BOYS GO"

On Friday, Aug. 21, four amateur cyclists will embark on an ambitious challenge: a three-day, 470 km road trip from Winnipeg, Manitoba, to Ontario's Experimental Lakes Area (ELA), one of Canada's primary sources of lake science.

Cycling for Solutions has been independently organized by LWF supporters. This fundraising event is part of LWF's ["10 for 10"](#) campaign, the goal of which is to showcase 10 special events over the course of 2015.

"Cycling for Solutions was created for two reasons: to celebrate LWF's 10<sup>th</sup> anniversary and to highlight the aquatic science generated by ELA researchers," says Roger Mollot, president of LWF's volunteer [board of directors](#) and one of the riders taking part in the three-day trek.

"ELA research is critical to the ecological recovery of Lake Winnipeg. We're using some pedal power to connect the dots and raise awareness of these issues."

The planned route will take the four cyclists across parts of Manitoba, Minnesota and Ontario as they make their way around the south side of Lake of the Woods to get to ELA. At all times, they will remain within Lake Winnipeg's watershed, a massive area that covers almost one million square kilometres.

"The challenge of the ride is our way of recognizing the challenges faced in finding solutions to the ecological problems within our shared waterways," Mollot explains.

Participants are paying their own expenses while accepting financial pledges for their efforts. All money raised will be donated to LWF to support the foundation's ongoing work in research, public education, stewardship and collaboration.

Donations can be made online through LWF's [CanadaHelps](#) page; pledgers are being asked to choose "Cycling for Solutions 2015" as the fund they would like to support to ensure their donation is allocated accordingly, and encouraged to share words of encouragement in the "Messages/instructions for Lake Winnipeg Foundation" comment field. Pledges can also be made by calling LWF's office, 204-956-0436.

Riders are aiming to provide updates from the road on the Cycling for Solutions [Facebook event page](#).

We wish all four cyclists - Roger, Brad, Bruce and Pete - a safe and fun trip!

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